

包玉刚实验高中开学返校事宜

各位家长和同学：

很高兴获悉，包玉刚实验高中已获许于4月27日（周一）起重新开放校园。正如大家所知，首批开学返校的学生为9年级和12年级的学生，但我们希望8年级、10年级和11年级的同学们也能很快被允许重返校园。

当然，我们可以再次进行面对面的课堂教学，确保各年级能在本学期结束前完成所有所需的学术任务，这纵然十分重要，但毫无疑问的是，学生及教工的健康和安全才是我们最为关注与重视的。

因此，我们首先需要家长们、老师们与同学们共同携手，竭尽所能确保我们拥有一个安全、“无疫”的校园。我们将制定实施一系列的校内防护措施，帮助减少任何感染的机会，最重要的是，防止任何感染者进入校园。

政府部门也因此要求全体教工与学生必须提供手机上最新更新的绿色健康码或健康状况登记表。健康码的更新日期不得早于入校前一天晚上20:00。

家长能做什么？

- 如果您的孩子出现任何感染的征兆或症状，请务必警惕并让孩子呆在家中。如果您的孩子出现咳嗽或发热的症状，请不要送孩子来学校。
- 请确保您的孩子持有最新的绿色健康码或者健康状况登记表才可入校。如果没有，请不要送孩子来学校。
- 无论是寄宿生或是走读生，请在孩子每次返校前进行体温测量。如果体温为37.3°C及以上，请不要送孩子来学校。
- 体温为37.3°C及以上的学生不能乘坐校车。巴士妈妈发现此类情况会与家长进行电话联系。

小学校区

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- 寄宿生家长请确保您的孩子每周备有足够的口罩，走读生家长也请确保您的孩子每日备有足够的口罩。学校会提供口罩供紧急情况使用。
- 寄宿生家长请确保您的孩子备有在各自宿舍盥洗室中使用的抗菌皂以及在教室供个人使用的免洗洗手液。学校将在校门口、餐厅外、运动场所及宿舍楼公共区域提供免洗洗手液。
- 由于需要频繁洗手和消毒，家长也可为您的孩子准备些护手霜，保护双手肌肤。
- 按照目前政府部门的规定，我们不得在校园内使用空调。尽管目前天气已转暖，但一些房间夜晚还是有些寒凉，请家长确保您的孩子带了保暖衣物。

学生能做什么？

- 如果你担心自己的健康状况，无论是在学校或家中，请立即告知你的家长或老师。
- 请使用肥皂和热水或者在提供免洗洗手液的地方使用免洗洗手液勤洗手。
- 打喷嚏或咳嗽时请尽可能使用纸巾遮住口鼻，然后立即洗手。
- 请给他人留有尽可能多的个人空间。我们知道这在寄宿学校比较困难，但请尽量在这方面多加注意。
- 测量体温或去洗手间洗手时难免会出现排队的情况，请务必保持耐心。

学校将会做什么？

隔离限制

- 全体教师、行政及第三方供应商（如餐厅工作人员等）目前均已在上海超过 14 天及以上，且均无相关感染症状。最晚抵达的人员也均通过了强制性核酸检测。
- 根据政府部门昨天发出的最新通知，目前身处上海以外地区的所有 9 年级和 12 年级学生必须在返校前在上海进行居家隔离或政府批准的集中隔离点进行 14 天隔离。倘若无法执行上述要求，政府部门表示，学生及其父母必须在返校前 3 天在上海进行新冠病毒检测。如果需要了解检测地点信息，请发邮件给医务室咨询。
- 所有曾经去过湖北的学生（目前我们并无此类情况）必须居家隔离 14 天并通过核酸检测。

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- 近期回国的9年级和12年级学生当然也已完成了强制性隔离并通过了相关的核酸检测。
- 对于极少部分仍无法返回中国的9年级和12年级学生,我们会尽可能将作业都放在PSL上,确保大家可以及时跟上课业。请确保您已将孩子尚未返回中国的情况告知学术办公室。

日常体温测量

- 教工与学生每日将进行三次体温测量,测量地点包括校车上、校门口及宿舍,测量时段包括每个学术日开始前、结束后及每晚最后一件事情。走读生也会在中午前往食堂就餐途中进行体温测量。学校正准备安装热像式筛检仪,提升体温检测效率。
- 所有体温超过37.3°C的学生或成人都不得进入校园,已经在校园内的学生或成人若发生此类情况,需立即前往指定隔离房间进行隔离。

洗手、消毒和通风

- 我们在医务室配备了大量的洗手液、消毒液及一次性手套和防护服。在过去几周内,阿姨们已经为校园内的所有区域进行日常消毒,今后也会持续进行消毒。门把手、楼梯扶手和厕所等地方将进行重点消毒。
- 每间教室每天都将在午休时间和CCA活动结束后进行消毒。
- 校园内尽量打开窗户,保持足够通风。

佩戴口罩

- 按照政府部门的规定,全体教工和学生必须在教学楼及宿舍楼中佩戴口罩。在户外运动场或其他户外人群非密集区域原则上可不佩戴口罩。
- 乘坐校车时必须全程佩戴口罩,乘坐公共交通时也必须佩戴口罩。
- 来校访客必须在逗留校园期间全程佩戴口罩。
- 所有废弃口罩必须投入指定的专用收集容器内,该收集容器位于学校主入口的门卫室外。

活动限制

- 所有校外CCA及校内活动都将延期开展直至获得进一步通知。

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- 所有外部 CCA 教练均已向课外项目主任报备近期的详细出行记录，和所有来校访客一样，他们每天需测量体温并佩戴口罩。

访客限制

- 只有与学校运营相关的访客才能进入校园，且入校前必须进行体温检测并佩戴口罩。因此，请 4 月 26 日或 27 日送孩子返校的各位家长不要进入校园。由此给您带来的不便我们深表歉意，希望大家能理解实施该举措的原因。

健康教育和健康意识

- 中学保健项目主管将确保向所有学生介绍如何在疫情期间进行安全防护的详细建议。

监控措施

- 教师、舍监、辅导老师及行政人员将留意有流感样症状和发烧的学生。任何有类似流感症状的学生将被立即上报医务室。
- 医务室将立即隔离学生并追踪相关接触者情况。家长也会被立即通知将孩子带回家中居家观察或前往医院就诊。
- 因病缺勤：医务室将跟进所有因病缺勤的情况。医务室护士也将根据政府的要求进行情况记录和上报。

餐饮服务

- 我们将与 Chartwells 共同合作，确保制定实施有效而全面的食品安全管理流程，并确保所有餐厅工作人员严格遵守所有健康检查。
- 餐厅外将安装热像式筛检仪，并配备洗手液，所有进入餐厅的人员必须经过该仪器检测。
- 所有餐厅员工将确保使用洗手液，并全程佩戴口罩。
- 学生返校前，桌椅将进行重新摆放，确保同学、老师用餐时与他人留有足够的间隔空间。
- 我们将采取新的排队机制，确保每位同学之间留有足够的间隔空间。
- 就餐时间段内会分批用餐，确保餐厅不会在同一时间段内聚集过多人员。

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发现学生（或家庭成员）、教工（或家庭成员）疑似或确诊病例后的所需行动措施

- 如果发现学生或教工疑似或者确诊感染新型冠状病毒，疾控中心（CDC）会来校进行核查。我们将告知家长密切接触者需要进行隔离，学校也会按照政府部门要求进行相应的消毒工作。
- 学校将随即就学校社区内发生的确诊病例告知全体家长和教工。
- 学校管理团队、校医和医务室将根据具体情况，依照政府部门发布的指引，向全体家长、学生和教工提供下一步行动建议。
- 如果学生/教工的家庭成员或家庭同住者被确诊感染了新型冠状病毒，需立即上报政府部门并通知学校。相应的隔离措施也将立即实施。

报告制度

- 返校开学后至疫情警报解除期间，总校长办公室将于每天上午 10 点前向政府部门提交日报。

社交距离

同学之间始终保持“社交距离”不大可能也并不可取。但是我们会采取以下一系列措施，希望对此有所帮助：

我们将在 9 年级和 12 年级返校后、其他年级返校前采取以下措施：

- 1) 我们不会举行任何年级或全校集会，以降低大型人群聚集造成的任何交叉感染的机会。
- 2) 我们将确保把餐厅的座位分散开来，这样同学之间的间隔距离会比以前更大。
- 3) 教室里的课桌均已分开，这样同学之间间隔空间更大。
- 4) 学生在图书馆时需与他人保持合适的距离。

课外活动项目（CCA）

- 9 年级和 12 年级学生返校后，我们将尽可能开展更多更完整的 CCA 项目。许多同学很怀念运动、音乐、戏剧及其他各类社团的融入时光，因此我们希望他们能有机会再次参与其中。

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寄宿生活

- 在寄宿学校的环境中，学生难以避免需要与他人进行近距离接触。在宿舍楼中的公共区域内，学生必须佩戴口罩，但回到各自宿舍房间后可摘下口罩。
- 对于同学们而言，最重要的事情是能够继续保持良好的个人卫生习惯，分享交流之时也应注意卫生情况。

情感及心理健康管理

- 尽管我们目前的主要焦点集中于保护同学们免受病毒感染，我们也深知一些同学在过去10周内无论是情感上或心理上经历着不小的挑战。因此，学校的人文关怀团队，包括舍监、辅导老师、社会情感咨询团队将共同合作，为同学们提供所需支持。

8 年级、10 年级和 11 年级在线课程

- 在8年级、10年级和11年级学生返校之前，我们将继续为他们提供在线课程。如果发生在线课程晚几分钟开始的情况，也请同学们和家长们保持耐心，因为这些老师可能刚结束上一节课堂教学，需要时间找到其他相对安静的地方来进行在线教学。

9 年级和 12 年级返校时间安排

政府部门建议所有学校能采取分批进校的形式，确保校门口不会出现人群聚集的情况。基于此，我们计划采取6、7天生周日返校与各路线校车分别抵达校园相结合的方式。此外，12年级走读生在8:00-8:30之间到校即可。

4月26日（周日）：6、7天生可于17:00-20:00之间到校。

4月27日（周一）：9年级和12年级学生可搭乘校车，校车运行时间与以往一致。

4月30日（周四）：为了确保五一劳动节放假前学生分批离校，12年级将于14:45放学，9年级将和往常一样于15:00放学。

我们非常期待同学们能够陆续回归校园，但我也想重申，希望包校社区的全体成员能够共同携手，确保开学返校持续顺利与安全。如果您有任何疑问，欢迎随时与我联系。

祝好，
柏伽铭

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Re-opening of YK Pao High School Campus

Dear Parents and Students,

We are delighted that we have been given permission to re-open the High School campus on Monday 27th April. As you know this will initially be for Year 9 and 12 but we hope that Y8, Y10 and Y11 will swiftly follow.

Whilst it is, of course, important that we embark on face to face lessons again and ensure that in every single Year group all the required academic work has been completed before the end of the semester, there is no question that the highest priority for us all must be the health and well-being of our students and staff.

Therefore, above all, it is vital that parents, teachers and students do everything we can to ensure that the campus remains safe and virus free. Whilst, we will enact a whole host of measures on campus to help reduce any chance of infection, the most important thing is to prevent anyone with the virus entering the campus.

The Government has therefore instructed that all teachers and students must have an up-to-date Green Health Code on their phones or the Health Status Registration Form. The health code should be dated no earlier than 8pm on the day before entry.

What can parents do?

- If your child shows any signs or symptoms of having the virus, please always err on the side of caution and keep them at home. Please do not send your child to school if they have a cough or a fever.
- Please make sure that your child has either the up-to-date Green Health Code or the Health Registration Form. If not, please do not send them to school.
- Whether a boarder or a day student, please do take your child's temperature every time before they are due to return to school and if it is 37.3°C or higher, do not send them back to school.
- Students with a temperature of 37.3°C and above will not be allowed to get on a school bus. The bus mummies will always ring parents if this is the case.

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- Please ensure that your child has a sufficient number of masks for each week for boarders (or each day for day students). The School will provide them in emergency situations.
- For parents of boarders, please do provide your child with anti-bacterial soap to use in their own bathroom and hand sanitizer for their personal use in classrooms. The School will provide hand sanitizer at the gates, outside the cafeteria, in sports areas and in public spaces in the boarding houses.
- Given the expected frequency of hand-washing and sanitizing, please also provide some hand lotion for your child to prevent cracked hands.
- According to the current Government regulations, we cannot use air-conditioning on the campus so some rooms (despite the current warm weather) may initially be cold in the evenings. Please ensure your child brings some warm clothes with them.

What can students do?

- If you have any concerns about your health whether at school or at home, please tell your parents or teachers straightaway.
- Please wash your hands regularly with soap and hot water or hand sanitizer where available.
- Please be very responsible when sneezing or coughing. Wherever possible use a handkerchief and wash your hands immediately afterwards.
- Please give people as much personal space as possible. We know this is difficult in a boarding school but please be as sensitive to this as you can.
- Please be patient. There will inevitably be queues to have temperatures taken and in bathrooms when everyone is trying to wash their hands.

What will the School do?

Quarantine Restrictions

- All our teachers, support staff and contracted suppliers (eg caterers) have now been in Shanghai for at least 14 days and are currently symptom free. Those who arrived most recently have all passed the compulsory nucleic acid tests.
- According to the most recent instructions from the Government issued yesterday, all students in Y9 and Y12 who currently live outside Shanghai must do 14 days home quarantine in Shanghai before coming into school. This quarantine can be done either

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privately or in the Government approved central quarantine places. However, where this is not possible the Government has said that the student and their parents should take the Covid-19 test in Shanghai three days prior returning to school. Please email the Wellness Centre if you require help with testing locations.

- If there are any students who have been to Hubei (which we do not believe we have) they must do the 14 days home quarantine and take the nucleic acid test.
- Any Y9 or Y12 students who have recently returned from abroad must, of course, have completed their compulsory quarantine and passed the relevant nucleic acid test.
- For those few students in Y9 and Y12 who are stuck abroad, we will ensure we place as much work as possible on to PSL so you can keep up with all the required work. Please ensure that you inform the Academic Office if your child is not back in China.

Regular Temperature Taking

- We will be taking staff and students temperatures three times a day. This will happen on buses, at the school gates and in the boarding houses at the start and end of each academic day and last thing at night. It will also happen on the way into the cafeteria for lunch for day students. The School is aiming to install a thermal imaging machine to speed up the process of temperature taking.
- Any student or adult whose temperature is above 37.3°C will either not be admitted to the campus or, if they are already on campus, be immediately quarantined in a specially designated quarantine room.

Handwashing, Disinfection and Ventilation

- We have invested in large quantities of hand sanitizer and disinfectant as well as disposable gloves and protective clothing in the Wellness Centre. Over these last few weeks our Ays have been regularly disinfecting all areas of the campus and this will continue in the coming weeks. Particular attention will be paid to door handles, stair railings and toilets.
- Each classroom will be disinfected at lunchtime and after CCAs each day.
- Wherever possible windows will be opened throughout the campus to ensure sufficient ventilation.

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Wearing of Masks

- In line with Government policy, all staff and students are required to wear masks when inside the academic or dormitory buildings. Masks need not be worn on outdoor sports fields or in other areas outside where there is not a high concentration of other people.
- Masks will be required on all school buses at all times and should be worn if using public transport.
- Visitors will be required to wear masks at all times on the campus.
- All masks must be disposed of in the appropriate designated container which is located outside the guards' hut at the main entrance to the school.

Restriction of Activities

- All off campus CCAs and inter-school activities will be postponed until further notice.
- Any external coaches who run CCA activities have given detailed account of their recent travel plans to the Director of CCA and, as with all visitors, they will have their temperature taken on a daily basis and wear masks.

Restriction of Visitors

- Only visitors deemed essential to the running of the school will be allowed to access the campus. They will only be admitted after temperature checks have been made and if wearing a mask. Therefore, when parents return your children to school on the 26th or 27th April, we ask that you do not enter the campus. We apologise for the inconvenience this may cause but I hope you will understand the reasons for this.

Health Education and Awareness

- The Head of Wellness will ensure that all students are given detailed advice about all aspects of keeping safe and well during this outbreak.

Monitoring Measures

- Teachers, housemasters, tutors and support staff will look out for students with flu-like symptoms and fever. Any student who has flu-like symptoms will be immediately reported to the Wellness Centre.

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- The Wellness Centre will immediately quarantine the student and trace disease contacts. Parents will immediately be notified to take the student home for observation or to visit a hospital.
- Absence due to illness: The Wellness Centre will follow up all cases of absence due to illness. The nurse will record and report the cases per government requirement.

Catering

- We will be working with Chartwells to ensure vigorous and comprehensive food safety management processes are in place and that all cafeteria staff adhere strictly to all health checks.
- The thermal imaging camera and hand sanitizers will be set up outside the cafeteria and no-one will enter the cafeteria without passing through this.
- All catering staff will ensure hand sanitizers are used and masks are worn at all times.
- Tables and chairs will be re-configured before students return to ensure sufficient space is established between each student and teacher.
- The queueing system will be revised to ensure that appropriate space is maintained between each student.
- Meal times will be staggered to ensure that there is not a large number of people in the cafeteria at any one time

Required Action if there is a suspected or confirmed case amongst student (or their families) or staff (or families)

- If there is a suspected or confirmed case of Covid-19 of a student or member of staff then the CDC will come to school to do an investigation. We would inform parents that close contacts need to undergo isolation and the School would carry out disinfection work according to the government requirements.
- The School would then inform all parents and staff that there had been a confirmed case within the school community.
- The School leadership team, the School Doctor and the Wellness Centre would then follow the instructions given by government to advise all parents, students and staff of the next steps which will depend on each individual circumstance.
- If there is a confirmed case of Covid-19 in a family or household of a student or teacher, this must be notified immediately to both the government and to the School. All appropriate isolation measures must then be enacted immediately.

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Reporting system

- After the beginning of the school and until the epidemic alert is lifted, the President's Office will submit a daily summary to the government everyday by 10am.

Social Distancing

It is not possible, at all times, to keep students 'socially distanced' from each other. However, there are a number of measures that we are taking that will help:

After our Y9s and Y12s return and before the other Year groups do so:

- i) We will not be holding any year group or whole school assemblies to reduce the chance of any infections from a large gathering.
- ii) We will ensure that the seating in the cafeteria is spread out so students will have more distance between them than they are used to.
- iii) Desks in classrooms have been moved apart so there will be more space between students.
- iv) Students will be required to keep an appropriate distance from each other in the library.

CCAs

- We will be running as full a CCA programme as possible as soon as Y9 and Y12 are back. Many students will have missed sport, music and drama as well as a range of other clubs, so we want them to immediately have the opportunity to get back involved.

Boarding

- Inevitably in a boarding environment, students will be in close proximity to each other. In the public spaces in the boarding houses masks should be worn but students may remove them in their own rooms.
- The most important thing that students can do is ensure that they continue to practice excellent personal hygiene and are sensitive to those they are sharing with.

Emotional and Mental Well-Being

- Although the main focus must, of course, be on protecting our students from the virus, we are also very aware that for some students these last 10 weeks will have been challenging for them both emotionally and mentally. Therefore, our pastoral

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staff including Housemasters/Housemistresses, tutors and the social and emotional counselling team will be working together to do all that we can to provide the necessary support for our students.

Online Lessons for Year 8, 10 and 11

- We will continue to provide online lessons for Y8, 10 and 11 until they too can return to school. We would ask that students and parents remain patient if some of these lessons start a few minutes late as teachers will need time to leave a lesson in school and find a suitably quiet space to set up their online teaching.

Timings of Re-opening for Year 9 and Year 12

All schools have been advised by the Government to have a staggered start to ensure there is not a large crowd forming outside the school gates. We will be able to manage this by a combination of a Sunday return for 6/7 day boarders and the normal staggered arrival of buses. In addition, Y12 day students should only arrive at school after 8am but before 8:30am.

Sunday 26th April : 6 and 7 day boarders may return to school from 5pm until 8pm.

Monday 27th April : Buses for Year 9 and 12 will run at normal time

Thursday 30th April : In order to have a staggered end to school before the May 1st holiday, Y12s will finish school at 2:45pm whilst Y9s will finish at the normal time of 3pm

We are greatly looking forward to having some students back on the campus but I would stress again that all members of our school community will need to work together to make sure that the re-opening of the school leads to the continued safety and well-being. If you do have any questions or concerns, please do not hesitate to contact me.

With my best wishes,

Mark Bishop

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