



## GENERAL SAFETY EXPECTATIONS & PRACTICES TO CONTROL THE SPREAD OF COVID-19

### STUDENTS ✨ PARENTS ✨ STAFF

#### BEFORE SCHOOL

Stay home if you have symptoms of COVID-19.

Call SIS: 755-2669-3669

Primary extensions: 6100 /7100 /7101

Secondary extensions: 8101 / 8406

#### CHECK YOUR HEALTH

- Before leaving for school in the morning, check for fever (37.3°C or higher) and/or other signs of COVID-19 such as dry cough, tiredness, difficulty breathing (in severe infections) OR other symptoms such as sore throat, body aches, runny nose, diarrhea or nausea;
- Contact the Primary or Secondary reception to tell them why you or your child will be absent.
- Do not return to school until you have a doctor's note stating that you are healthy and can return to school .

#### TWO MASKS/DAY

#### WEAR A PROTECTIVE FACE MASK

- Come to school with at least two protective masks per day. The school will have a limited supply of extra masks should a student need one, but it is the responsibility of the family to provide 2 masks per day for each child.
- Wear a protective mask at all times except when eating or drinking water; music and PE teachers will use their discretion when determining if students should remove their protective masks for certain limited activities.
- Cover your mouth and nose with a tissue if you need to cough or sneeze. If you do not have a tissue, use the inside of your elbow to block secretions from your mouth and nose. Mouth and nose secretions should be wrapped with tissue and discarded in a designated garbage can.
- Do not share food or drinks – always have a personal water bottle that you clean thoroughly each day with soap and water.

## PHYSICAL DISTANCE

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## KEEP YOUR DISTANCE FROM OTHERS

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- As much as possible, maintain a distance of 1 m between you and the people around you.
- Sit 1 m apart from others while in the classroom, eating areas, or at assemblies.
- While queuing, line up in single (or sometimes double) file with 1 m distance between you and the person in front and behind you (and beside you if double file queue).
- On the bus sit 1 m apart from other passengers.

## HANDS VIRUS-FREE

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## WASH OR SANITIZE YOUR HANDS (& MOBILE!)

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VIDEO: [HOW TO WASH YOUR HANDS](#)

- As often as possible, but always before and after school, between classes, before and after lunch, after sneezing or coughing or using a tissue, and after handling garbage use hand sanitizer and, if possible, go to the bathroom and wash your hands with soap and water for at least 20 seconds.
- If it is not possible wash your hands with soap and water, then use the hand sanitizer solutions that we are providing at automatic dispensers across the school. (These have at least 60% alcohol content.)
- Use disposable alcohol wipes to clean your cell phones and laptops. Do not share these.

## NO VISITORS TO SIS

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## ENTRY ONLY FOR STUDENTS & STAFF

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- **Visitors, including parents, are not permitted into the school without prior approval and an appointment.**
- all visitors with appointment must wear yellow parent/guardian lanyard or have a visitor's pass;
- parent/visitor must enter the school building through the main door and present the guard or receptionist their QR code declaring their health status; they must have their forehead temperature measured and complete the visitors register stating purpose of visit;
- parent/visitor must state area of the school they are visiting and go straight to that area;
- a protective mask must be worn at all times in the school building;
- after appointment is completed, parent/visitor must sign out at the same place as signed in as they leave the school.