



2022 Institute for Athletic Directors

MENUS

Wednesday, January 26

Reception:

- **Cheese display** *with artisan breads and crackers*
- **Crispy vegetable dumpling** *with ponzu sauce*
- **Down South spring roll** *with collard greens and tasso ham*
- **Crispy shrimp dumpling** *with lime soy sauce*

Thursday, January 27

Breakfast

- **Breakfast sandwich**
 - *Sausage, egg, and cheese*
 - *Egg and cheese*
- **Crispy bacon**
- **Fruit**

Lunch

- **Grape Tomato and Mozzarella Salad** *with basil and balsamic reduction*
- **Potato Salad** *with olive oil, lemon, and herbs*
- **Green bean salad** *with onion, mushrooms, sundried tomato vinaigrette*
- **Choice of:**
 - **Applewood smoked ham and swiss** *on a baguette, with arugula and honey mustard aioli*
 - **Grilled chicken Caesar wrap** *with romaine, parmesan cheese, and Caesar dressing*
 - **Pesto marinated roasted vegetable wrap** *with arugula, feta cheese, and hummus*

Reception

- **Cheese display** *with artisan breads and crackers*
- **Spanakopita** *with Greek yogurt dip*
- **Spicy pork and cabbage dumpling** *with ginger sauce*
- **BLT bite** *with basil aioli*

Friday, January 28

Breakfast

- **Breakfast sandwich**
 - *Sausage, egg, and cheese*
 - *Egg and cheese*
- **Crispy bacon**
- **Fruit**