



2022 Institute for Administrative Assistants MENUS

Wednesday, June 15

Snacks:

- Lemon bars
- Popcorn
- Terra chips
- Apples & bananas

Reception:

- **Marinated shrimp** *with dill, fennel, lemon, tomato sauce*
- **Prosciutto wrapped melon cubes** *with Tuscan fig syrup*
- **Sweet corn hushpuppies** *with candied jalapeño marmalade*
- **Cheddar biscuits & pulled pork sliders**
- **Bite-sized twice baked potato** *with sour cream, bacon, and chives*

Thursday, June 16

Breakfast

- **Egg white frittata** *with butternut squash, baby spinach, and sundried tomatoes*
- **Croissant sandwich**
 - Egg, ham, cheddar
 - Egg & cheddar
- **Crispy bacon, breakfast potatoes, sliced fruit, yogurt**

Lunch

- **Tuscan bean soup**
- **Wild arugula salad** *with crispy prosciutto, shaved parmesan, and lemon oregano vinaigrette*
- **Penne pasta** *with roasted red peppers, plum tomatoes, kalamata olives, feta, and balsamic vinaigrette*
- **Chicken saltimbocca**
- **Roasted snapper** *with lemon cream, shaved fennel, citrus supremes*
- **Eggplant lasagna**
- **Artisan garlic bread**
- **Mini cannoli**

Snacks *starting at 1 PM*

- **Cookies**
- **Popcorn**
- **Terra chips**
- **Apples & bananas**

Friday, June 17

Breakfast

- **Egg white frittata** *with butternut squash, baby spinach, and sundried tomatoes*
- **Breakfast tacos**
 - brisket, egg, cheddar
 - roasted vegetable & cheddar
- **Crispy bacon, breakfast potatoes, sliced fruit, yogurt**