



2023 Academic Support Conference

MENUS

Sunday, February 5

Reception:

- **Mediterranean sampler** *with hummus, mixed olive tapenade, balsamic marinated tomatoes, and roasted vegetables served with pita and grilled breads (V, DF)*
- **Raspberry almond brie in phyllo** (V)
- **Coconut shrimp** *with sweet chili glaze (DF)*
- **Pecan chicken bites** *with wildflower honey mustard*
- **Oven dried tomato and feta cheese cucumber spoon** (V, GF)

Monday, February 6

Breakfast

- Scrambled eggs, breakfast potatoes, crispy bacon, fruit, breakfast pastries, oatmeal

Lunch

- **Turkey wrap** *with honey roasted turkey, cheddar, bacon, spinach, tomato, avocado, and artichoke aioli wrapped in a flour tortilla*
- **Roast beef sandwich** *with roast beef, cheddar, lettuce, tomato, and caramelized onion sauce on a whole wheat beer hoagie*
- **Superfood wrap** *with julienne carrots, zucchini, yellow squash, roasted red peppers, arugula, and black eyed pea hummus wrapped in a spinach tortilla (V, DF)*
- **Garden salad** *with assorted toppings on the side*
- **Tortellini pasta salad**
- **Chef's choice of soup**
- **Chips with hummus and French onion dip**
- **Cookies and brownies**

Reception

- **Vegetable crudité** (V, GF)
- **Pimento goat cheese tartlet** (V)
- **Classic beef wellington puff**
- **Buffalo chicken spring rolls** (DF)
- **Wild mushroom spanakopita** (V)

Tuesday, February 7

Breakfast

- Scrambled eggs, breakfast potatoes, crispy bacon, fruit, breakfast pastries, oatmeal

Lunch

- **Turkey wrap** with honey roasted turkey, cheddar, bacon, spinach, tomato, avocado, and artichoke aioli wrapped in a flour tortilla
- **Roast beef sandwich** with roast beef, cheddar, lettuce, tomato, and caramelized onion sauce on a whole wheat beer hoagie
- **Superfood wrap** with julienne carrots, zucchini, yellow squash, roasted red peppers, arugula, and black eyed pea hummus wrapped in a spinach tortilla (V, DF)
- **Garden salad** with assorted toppings on the side
- **Tortellini pasta salad**
- **Chef's choice of soup**
- **Chips with hummus and French onion dip**
- **Cookies and brownies**