

# Aunt Bea Can Eat French Fries Like My Mom Plays the Queen of Spades



# 12 Research-Informed Strategies We Should Use with ALL Students

Adapted from *Neuroteach*, by Whitman and Kelleher

Make time for students to transfer new knowledge through the **ARTs**

Students need basic **BRAIN** anatomy & info

Offer informed **CHOICE** with your instruction to increase interest and motivation

Students need to know that **EFFORT** is the secret to rewiring the brain

Offer **FREQUENT FORMATIVE, LOW/NO-STAKES ASSESSMENTS**

The **FIRST** and **LAST** parts of class are prime instructional time...make them count!

Help students love and tend to their **LIMBIC** systems to help with learning

Teach and assess using **MULTIPLE MODALITIES** based on content and time of day  
(not “learning styles”)


Teach, model, and practice reflection to develop **META-COGNITION**


Students need time for **PLAY**


Self-**QUIZZING** is the most efficient and effective study strategy

**SLEEP** is essential for memory consolidation


# Strategy Checklist: Where am I utilizing the 12 strategies? Where can I enhance my instruction?

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