



2023 Fundamentals Conference

MENUS

Monday, April 17

Breakfast: *Cooked to order breakfast buffet available in the High Tide restaurant on the lobby level*

Lunch:

- Herb roasted chicken (DF, GF)
- Pulled pork barbeque (DF, GF)
- Vegetable medley (V, DF, GF)
- Salad with ranch and balsamic dressing (V, DF, GF)
- Coleslaw with carrots and red cabbage (V, GF)
- Cornbread (V, DF)
- Coconut cake (V)

Break:

- Lemon squares & brownies (V)
- Pimento cheese & crudité (V, GF)

Reception: *Join us for snacks and beverages in High Tide*

Tuesday, April 18

Breakfast: *Cooked to order breakfast buffet available in the High Tide restaurant on the lobby level*

Lunch

- **Baked chicken** *with feta and olives (GF)*
- **Cheese tortellini** *with a basil pesto (V)*
- **Bow tie alfredo** *with freshly grated parmesan (V)*
- **Penne pasta** *with pomodoro sauce, ricotta, and sweet Italian sausage*
- **Greek salad** *with herb dressing (V, GF)*
- **Antipasto** *of marinated meats and vegetables (GF)*
- **Sliced ciabatta** *(V, DF)*
- **Tiramisu** *(V)*

Break:

- **Kind bars** *(V, GF)*
- **Assorted candy bars** *(V)*
- **Whole fruit** *(V, GF, DF)*