



2023 Institute for New Teachers – TN

MENU

Tuesday, July 25

Dinner:

- **T-Rex pizza** *with pepperoni, sausage, meatballs, and spicy capicola*
- **Cheese pizza**
- **Vegetarian pizza** *with mushrooms, artichokes, red onions, green peppers, black olives, and oven-roasted tomatoes*
- **Greek salad** *with romaine lettuce topped with banana peppers, black olives, red onions, grape tomatoes*

Wednesday, July 26

Breakfast:

- **Blueberry French toast casserole**
- **Bacon, fruit, and yogurt**

Lunch:

- **Deli bar** *with chicken breast or egg salad on a brioche bun (gluten-friendly bread will be available)*
- **Black-eyed pea salad**
- **Potato salad**
- **Celery, carrots, bleu cheese**
- **Fruit and dessert**

Thursday, July 27

Breakfast:

- **Build-Your-Own Breakfast Bowl** *with scrambled eggs and toppings*
- **Fruit and yogurt**

Lunch:

- **Build-Your-Own Salad** *with salmon, rosemary chicken, edamame, salad greens, assorted toppings, roasted sweet potatoes, cucumber salad*
- **Fruit and dessert**